

Senior Nutrition Program ~ June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3 Salisbury Steak Mashed Potatoes Asparagus Mandarin Oranges WG Sliced Bread	4 Glazed Chicken Drumstick Mixed Vegetables Brussel Sprouts Diced Pears WG Dinner Roll	5 Shredded Pork BBQ Baked Beans California Blend Vegetables Fresh Apple Hamburger Bun	6 Sweet & Sour Meatballs Oriental Blend Vegetables Steamed Corn Pineapple Tidbits Dinner Roll	7 Corned Beef Seasoned Cabbage Sliced Carrots Fruit Cocktail Rye Bread
10 Lasagna Steamed Spinach Winter Blend Vegetables Sliced Peaches Dinner Roll	11 Lemon Pepper Fish Lima Beans Steamed Carrots Applesauce Dinner Roll	12 Scrambled Eggs w/ Sausage Sauted Onions & Peppers Potato Coins Raisins Blueberry Muffin	13 Homemade Meatloaf Mashed Potatoes Steamed Broccoli Sweet Cherries Biscuit	14 Baked BBQ Chicken Waxed Beans Hubbard Squash Fresh Pear Dinner Roll
17 Smoked Sausage Scalloped Potatoes California Blend Vegetables Cinnamon Apple Slices Hot Dog Bun	18 Marinated Pork Loin Hubbard Squash Midori Blend Vegetables Fresh Banana Dinner Roll	19 Oven Roasted Turkey Mashed Potatoes Green Beans Cranberry Sauce Dinner Roll	20 Cheeseburger Baked Beans Spring Blend Vegetables Fresh Grapes Hamburger Bun	21 Spanish Rice Refried Beans Stewed Tomatoes Pineapple Tidbits Dinner Roll
24 Ham & Cheese Sandwich Potato Salad Beets Fresh Pear Sliced Bread	25 Beef Tips w/ Gravy Mashed Potatoes Brussel Sprouts Blueberries Biscuit	26 Macaroni & Cheese Steamed Peas Sliced Carrots Applesauce Dinner Roll	27 Chicken Cordon Bleu Midori Blend Vegetables Hubbard Squash Diced Peaches Dinner Roll	28 Teriyaki Chicken Rice Pilaf Oriental Blend Vegetables Steamed Cauliflower Mandarin Oranges Dinner Roll