## **APRIL** | 2024



## Manistee County Senior Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Salisbury Steak Mashed Potatoes Steamed Broccoli Fruit Cocktail WG Dinner Roll Milk	Lasagna Steamed Spinach Diced Carrots Sliced Peaches WG Dinner Roll Milk	3 Egg & Cheese Omelet Sausage Sauteed Peppers / Onions Potato Coins Raisins WG Blueberry Muffin Milk	4 Cabbage Rolls Stewed Tomatoes Waxed Beans Diced Pears WG Sliced Bread Milk	5 Fish Nuggets Spring Blend Vegetables Lima Beans Applesauce WG Dinner Roll Milk
8 Wet Burrito Midori Blend Vegetables Refried Beans Pineapple Tidbits WG Dinner Roll Milk	9 Chicken Sandwich Baked Beans California Blend Fresh Banana WG Hamburger Bun Milk	10 Homemade Meatloaf Mashed Potatoes Asparagus Diced Peaches WG Dinner Roll Milk	11 Toasted Cheese Sandwich Tomato Soup Winter Blend Vegetables Craisins WG Sliced Bread Milk	Smoked Sausage Cheese Potato Bake Steamed Broccoli Sliced Pears WG Hot Dog Bun Milk
Baked Pork Chop Cauliflower Steamed Corn Cinnamon Apple Slices WG Dinner Roll Milk	Oven Roasted Turkey Sweet Potatoes Brussel Sprouts Cranberry Sauce WG Dinner Roll Milk	17 Sweet & Sour Meatballs Oriental Blend Vegetables Diced Carrots Mandarin Oranges WG Dinner Roll Milk	18  Ham & Cheese Sandwich  Coleslaw  Three Bean Salad  Grapes  WG Sliced Bread  Milk	19 Pepperoni Pizza Steamed Peas Carpi Blend Vegetables Dried Fruit Mix Milk
Chicken N Noodles Sliced Carrots Spring Blend Vegetables Fruit Cocktail WG Biscuit Milk	Marinated Pork Loin Harvest Blend Vegetables Brussel Sprouts Fresh Apple Slices WG Dinner Roll Milk	24 Baked BBQ Chicken Waxed Beans Hubbard Squash Diced Pears WG Dinner Roll Milk	Cheese Ravioli Steamed Spinach Mixed Vegetables Sliced Pears WG Dinner Roll Milk	Country Fried Steak Garlic Mashed Potatoes Steamed Asparagus Pineapple Tidbits WG Sliced Bread Milk
Shredded Pork BBQ Baked Beans California Blend Vegetables Applesauce WG Hamburger Bun Milk	Chicken Alfredo Steamed Broccoli Diced Carrots Pineapple Tidbits WG Biscuit Milk	1	2	3

## News

To Cancel a Meal Please Call (231) 723-6477

The Michigan
Department of
Aging provides
the regulations
regarding this
menu

## **Provided By:**

