

# April

# 2023

## Manistee County Senior Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Alfredo 3 Steamed Broccoli Diced Carrots Pineapple Tidbits WG Dinner Roll Milk	Hamburger Gravy 4 Mashed Potatoes Green Beans Sliced Peaches WG Biscuit Milk	Breaded Pork Chop Steak Sweet Potatoes 5 Asparagus Fruit Cocktail WG Dinner Roll Milk	Baked BBQ Chicken 6 Cauliflower Spring Blend Vegetables Strawberries & Blueberries WG Dinner Roll Milk	Smoked Sausage 7 Scalloped Potatoes Sauteed Peppers & Onions Cinnamon Apple Slices WG Hot Dog Bun Milk
Chicken N Noodles 10 Mixed Vegetables Peas Diced Pears WG Biscuit Milk	Oven Baked Ham 11 Cheese Potato Bake Winter Blend Vegetables Mandarin Oranges WG Dinner Roll Milk	Lasagna 12 Key Largo Vegetables Sliced Carrots Fresh Banana WG Garlic Toast Milk	Fish Sandwich 13 Lima Beans Carpi Blend Vegetables Applesauce WG Hamburger Bun Milk	Pepperoni Pizza 14 Baked Beans Steamed Corn Sliced Peaches Pudding Cup Milk
Stuffed Cabbage 17 Green Beans Root Blend Vegetables Fruit Cocktail WG Dinner Roll Milk	Scrambled Eggs 18 Sausage Sauteed Peppers / Onions Oven Potatoes Orange Juice WG Apple Muffin Milk	Chicken Tenders 19 Squash Steamed Broccoli Sliced Pears WG Dinner Roll Milk	Homemade Meatloaf 20 Mashed Potatoes California Blend Vegetables Fresh Apple Slices WG Sliced Bread Milk	Beef Goulash 21 Waxed Beans Brussel Sprouts Grapes WG Garlic Toast Milk
Sweet & Sour Meatballs 24 Oriental Blend Vegetables Steamed Broccoli Pineapple Tidbits WG Dinner Roll Milk	Turkey & Cheese 25 Sandwich on WG Bread Potato Salad Beets Craisins Milk	Salisbury Steak 26 Mashed Potatoes Green Beans Sliced Peaches WG Dinner Roll Milk	Macaroni & Cheese 27 Steamed Peas Sliced Carrots Applesauce Pretzel Roll Milk	Chicken Cordon Bleu 28 Garlic Diced Potatoes Hubbard Squash Michigan Sweet Cherries WG Dinner Roll Milk

### News

**To Cancel a Meal  
Please Call  
(231) 723-6477**

**The Michigan  
Department of  
Aging provides the  
regulations  
regarding this  
menu**

**April Showers  
bring May Flowers!**

**Provided By:**