

May

2023



Manistee County Senior Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Stuffed Green Peppers Stewed Tomatoes 1 Waxed Beans Fruit Cocktail WG Dinner Roll Milk	Country Fried Steak 2 Sweet Potatoes Brussel Sprouts Cinnamon Apple Slices WG Dinner Roll/ Milk No Manistee Congr. Meal	Sloppy Joe 3 Baked Beans California Blend Vegetables Fresh Banana WG Hamburger Bun Milk	Beef & Noodles 4 Lima Beans Cooks Choice Vegetable Mandarin Oranges WG Dinner Roll Milk	Wet Burrito 5 Refried Beans Fiesta Corn Applesauce Cinnamon Churro Milk
Swedish Meatballs 8 Mashed Potatoes Steamed Asparagus Diced Pears WG Dinner Roll Milk	Orange Blossom Chicken 9 Rice Pilaf Steamed Cauliflower Oriental Blend Vegetables Pineapple Tidbits WG Dinner Roll Milk	Breaded Pork Chop 10 Cheese Potato Bake Green Beans Strawberries WG Dinner Roll Milk	Italian Spaghetti 11 Key Largo Vegetables Diced Carrots Sliced Peaches WG Garlic Toast Milk	Shredded Pork BBQ 12 Baked Beans Steamed Corn Fresh Apple WG Hamburger Bun Milk
Chicken Ala King 15 Peas & Carrots Spring Blend Vegetables Dried Cranberries WG Biscuit Milk	Cheeseburger 16 Potato Coins Mixed Vegetables Fresh Apple Slices WG Hamburger Bun Milk	Chili 17 Steamed Corn Waxed Beans Fruit Cocktail Corn Bread Milk	Oven Roasted Turkey 18 Mashed Potatoes Sliced Carrots Cranberry Sauce WG Dinner Roll Milk	Spanish Rice 19 Refried Beans Stewed Tomatoes Pineapple Tidbits WG Dinner Roll Milk
Egg & Cheese Omelet 22 Sausage Sauteed Peppers/Onions Seasoned Diced Potatoes WG Blueberry Muffin 100% Fruit Juice Milk	Oven Baked Fish 23 Asparagus Capri Blend Vegetables Fresh Grapes WG Dinner Roll Milk	Beef Stew 24 Diced Carrots Brussel Sprouts Raisins WG Biscuit Milk	Chicken Cordon Bleu 25 Hubbard Squash Garlic Potatoes Diced Peaches WG Dinner Roll Milk	Toasted Cheese Sandwich 26 Tomato Soup Spinach Fresh Pear WG Sliced Bread Milk
MEMORIAL DAY 29 NO MEAL DELIVERY	Ham & Cheese Croissant 30 Three Bean Salad Diced Beets Fruit Cocktail Milk	Breaded Chicken Drumstick 31 Mashed Potatoes Green Beans Applesauce WG Dinner Roll Milk	Note menu change for May 5 (Cinco de Mayo)	

News

**To Cancel a Meal
Please Call
(231) 723-6477**

**The Michigan
Department of
Aging provides the
regulations
regarding this
menu**

Provided By: